

Appreciative Individual Visioning

Overview

Appreciative Individual Visioning (AIV) derives its origins from Appreciative Inquiry (AI) and [Appreciative Experiential Learning](#) (AEL).

Pegasus Academy & Consulting has developed AEL, as a neo-classical appreciative approach, by blending the Appreciative Inquiry philosophy with [Structured Experiential Learning](#), Isomorphic Reflections, Ancient Meditative Practices, Creative Visualization and World Café.

AIV enables an individual to channelize his/her positive and creative energies towards building an aspirational future.

The energy elements of *Chit Shakti* (energy of consciousness) *Ananda Shakti* (energy of bliss) *Ichha Shakti* (energy of will) *Jnana Shakti* (energy of knowledge) and *Kriya Shakti* (energy of action), derived from Tantra, are explored.

During an AIV Workshop a participant travels through the following stages:

DISCOVERY:	Unearth & Celebrate (Energies)
DREAM:	Aspire & Articulate (Vision)
DESIGN:	Align Potential & Commit Action
DESTINY:	Harmonise Being & Becoming

Learning Objectives

- Understand and appreciate the dept and breadth of oneself and others leading to enhanced awareness, healthy interpersonal relations, constructive engagement with external environment and holistic development
- Expand horizon and develop a panoramic view of world & one's role
- Develop personal-cum-professional vision and corresponding action plan

Program Outcomes

At the end of the Appreciative Individual Visioning Workshop a participant will be able to

- Discover the inherent alignment between the micro and macro and harness it for growth, harmony and overall well being
- Create a *Personal-cum-Professional Vision Statement* founded on one's *Life Giving Energies & Potential* discovered through appreciative immersion
- Create a robust action plan built on the *Sankalpa* of focused self- development and realization of one's highest potential
- Professional aspect of the vision enables participants to align to the departmental / organisational vision.